An Evidence-based Prevention Program that's Easy to Use!

High School Curriculum Overview

The Truth About Drugs Prevention Curriculum for High School is a research-validated substance abuse prevention program shown to reduce alcohol consumption and drunkenness, tobacco and smokeless tobacco use, marijuana use and use of other substances.

This comprehensive and thought-provoking curriculum helps adolescents and young teens develop their own certainty regarding the physical and emotional effects of drugs use; a certainty that helps them sort out often-conflicting messages in today's society.

Through engaging DVD-based presentations, interactive classroom activities, and practical assignments, students are brought to understand the consequences of drug use and are given healthy alternatives and important skills including:

- Increased awareness of the actual consequences of tobacco, alcohol, and drug use both physically and emotionally, also with respect to accomplishing their goals;
- Tools to assess alcohol or other drug information they receive against the motives of the sources;
- Greater ability to effectively communicate with peers and parents on the subject of tobacco, alcohol and drugs;
- Tools to promote relationships that reinforce remaining drug-free;
- Skills to resist social influences and peer pressures to smoke, drink or use drugs;

Tools they can use to develop their own goals and make decisions—and determine for themselves whether or not drug use or other behaviors align with goals and decisions.

By improving knowledge and correcting social norms, the Narconon Truth About Drugs Video Program develops appropriate drug-related attitudes and accurate perceptions of risk amongst our youth.

Award Winning Videos

Narconon received the prestigious “Platinum Best of Show” Aurora Award for Xtasy the Real Story in the Children and Youth Category. “Best of Show” is the highest honor given during this international competition designed to recognize excellence in the film and video industries. In 2015, Narconon received a second Aurora Award for the Drugs and Emotions DVD.

Drugs and the Mind

Goals

Truth About Drugs Curriculum Design

The Truth About Drugs (TAD) High School curriculum includes eight classroom sessions that combine specific segments with class discussion, skills development drills, practical assignments, review quizzes and components. It is typically completed in one semester and can be used alone or to follow up with the TAD materials designed for younger students.

Certain program sessions are also appropriate to supplement other prevention efforts where a school or group may be emphasizing violence or another prevention topic(s).

Drugs and the Body

The Marketing of Drugs

High School Curriculum Components

For the first time, all materials developed for High School age youth have been updated and combined into this series of eight sequential lessons with accompanying assignments. The Educator's Guide, Third Edition, accompanies the Truth About Drugs Video Program—the release of award winning films onto DVD, plus our newly released Teacher's DVD.

Teacher's DVD

A special presentation for educators' called "Behind the Real Story" features our Drug Prevention Specialist Mr. Bobby Wiggins.

Behind the Real Story is a must-see feature before administering this program.

Mr. Wiggins reveals key facilitator tips that make the Narconon program so popular; tips to help any educator get and keep your students engaged. This one-on-one interview with Mr. Wiggins provides a complete understanding of the video series development and how best to make it work.

New on the Teacher's DVD are three additional features:

Why Parents Are the Last to Know
Why Kids Take Drugs
The Misery of Ecstasy

After viewing the track "Behind the Real Story" as time permits watch additional features where Mr. Wiggins demonstrates critical background information and eye-opening social insight about drugs, teenagers and family situations.

For example, in the feature *Why Kids Take Drugs* you will find out:

- How much goes on in most schools right under teacher's noses; revealed by students themselves!
- Live role play reveals real-life example of peer-pressure influence to use drugs.
- The reasons kids state they take drugs.

Guidebook: Curriculum, Session Worksheets, Interactive Lessons and After-Class Assignments

We listened to our teachers! Everything is organized in a planned sequence, not just for each lesson, but also for the overall curriculum. Our new "Session Worksheets" are short and to the point with simple instructions on program administration. The lesson plans include notes on when to play specific DVD tracks, now easily accessed on the DVD menu system.

All DVDs now have a new menu system which allows instant access to specific tracks as directed in the lesson plans including special "Review Sessions" to review any concept the facilitator chooses. Use the "Review Sessions" within each program DVD to provide a quick refresher, enhance your assignments or to create a booster session when you feel that is needed.

Helpful references and additional information in this guidebook can be used to create your own lesson plans, assignments, booster sessions and more.

Four Feature DVDs for Use with Students

- *Marijuana the Myth* (run time 28 minutes)
- *XtasyTM Part 1* (run time 33 minutes)
- *XtasyTM Part 2* (run time 33 minues)
- *Drugs and Emotions* (run time 28 minutes)

Guidebook Helpful References, "Drug Facts" Flyers & Glossary

We recommend that you study the guidebook thoroughly so you have an in-depth understanding of our program and the science behind its development.

Drug Fact Flyers: The kit includes four full color flyers to post in public places. Use reproductions as class handouts or to supplement how specific drugs are addressed in the DVD

Alcohol
Marijuana
Ecstasy
Prescription Drugs

Glossary: An extensive glossary includes special terms and brief descriptions of many drugs of abuse.

Ongoing Program Evaluation and Quality Assurance

Over the last 20 years we have gathered incredible feedback from educators all over the Untied States to develop and refine each worksheet, assignment, quizzes and more. We thank all of the educators we have worked with for their feedback and look forward to more valuable input. After all, the teachers are the ones on the front lines; it is our job to help you make things as easy to implement and effective as possible.

The **Technical Support-Quality Assurance** section in the back of each guidebook includes surveys for teachers to implement and send to our Quality Assurance department to evaluate program effectiveness.

Facilitator Feedback Survey: Continued feedback plays no small part in remaining current and being able to address the changing face of drug use among your youth. External pressures change—new drugs are synthesized and/or laws and social risk perceptions change; classroom technologies and what is practical can change. The surveys are used as a checklist in delivering the program, and are mailed in along with the pre-/post- student evaluations. These surveys help us monitor the program and implement any changes that would improve the curriculum.

Student and Classroom Evaluations: Use the Student and Review quizzes to assess basic knowledge and opinions and identify any key knowledge points that should be strengthened prior to starting the curriculum. Additionally, we use two types of anonymous student surveys:

Quantitative Evaluations: Short pre-/post- evaluations incorporate key questions about drug-free commitments and attitudes from the Monitoring the Future Surveys (Johnston 2015) along with perceptions of risk regarding specific drugs.

Qualitative Evaluations: The post-curriculum Student Questionnaire asks students to state in their own words what occurred during this curriculum. This interpretive, subjective information can help you gauge opinions, changed views, and engagement.

Curriculum includes:

- Educators' Guidebook - with reproducible worksheets
- 1 Teacher DVD
- 4 Student DVD's
- DVD Review Sessions - with easy navigation menu
- Session Worksheets
- Practical Assignments
- Class Essays
- Fidelity Forms
- 4 Full Color Drug Fact Sheets

Retail Price: $989.00
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ESK1	Elementary School Kit	$329			

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